



ELLIS MEDICINE  
Helping me be a  
**HEALTHY MEE**

# DISCOUNTED BEST FITNESS MEMBERSHIP

**All Ellis Employees and their families** can now get the  
**All Access Membership** at **Best Fitness** at a reduced rate!

**\$0 to enroll and only \$9.99 a month per person!**

It is a one year contract\*

**This membership package gets you:**

- Unlimited access to all Best Fitness locations
- Unlimited Group X Classes
- Unlimited Group Cycling Classes
- Complimentary customized fitness consultation
- Free health risk evaluation
- Access to Best Fitness Online

Convenient locations in Albany, Colonie, and Schenectady

Stop into Best Fitness and present your Ellis ID Badge to sign up with the discount!

\* Please refer to your contract for terms.



**BEST FITNESS**



If you have any questions, please contact the Wellness Committee at [wellness@ellismedicine.org](mailto:wellness@ellismedicine.org)