

Creating Your MVP Health Care Member Online Account and/or Taking Your Personal Health Assessment

If you already have an online account, skip to page 2 step 2.

You can also create your account easily on our MVP *Gia* app, download in Google Play or the App store! The PHA must be accessed through the website.

1. Visit **my.mvphealthcare.com**
2. *Create a New Account* and choose **Register Now**. You will need your MVP Member ID and a valid email address.

The screenshot shows the MVP Health Care website's sign-in interface. At the top center is the MVP Health Care logo. Below it, the heading "Sign In" is displayed. The instructions read: "Sign in with your email and password. [Forgot your email address?](#)". There are two input fields: "Email" and "Password", each with a small icon (key and eye) to the right. Below these is a red "Sign In" button. Underneath the button, it says "Or, sign in with any of the following services". There are three buttons for social login: "Sign in with Google", "Sign in with Facebook", and "Sign in with Apple". Below these is a disclaimer: "Your MVP data is not shared with these providers. By signing in with a third party provider, you are agreeing to MVP's [Terms and Conditions](#) and [Privacy Notice](#). You must have a registered account to use." At the bottom of the form, there are three links: "Need Help?", "Forgot Password?", and "Register Now". The "Register Now" link is circled in red.

*This document was created specifically for **Ellis Medicine** by their MVP Health Promotion Program Manager.

1. If this is your first time signing in at **my.mvphealthcare.com**, you may need to refresh the page, or open a new window and sign in again; otherwise, you may see the "oops message."
2. Once signed in, select Well-Being on *My Dashboard*
3. Then select *Begin Your Path to Well-Being*

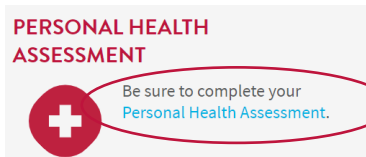


You will then be redirected to your well-being homepage on the Healthyroads website.

If this is the first time you are accessing your well-being homepage, you will be required to enter a new username and password on the Healthyroads website.

These login credentials may be different than the mvphhealthcare.com login requirements.

On your Healthyroads well-being homepage, select PHA.



Once you have read and agreed to the terms and conditions, you are ready to start the PHA. Completing the PHA may take 20-25 minutes.

Questions? We're here to help! Call MVP eSupport toll free at 1-888-656-5695 Monday-Friday, 8:30am to 5pm (EST)

