

April 2026

Minority Health Awareness Month



For a full list of offerings, visit ellishealthyme.org Use hyperlinks or scan QR codes to register.

Register for Know
Your Numbers
Screenings HERE



EAP Promoting
Kindness at Work
April 9 | 12-1 PM



EAP: Stress Less
April 14 | 12-1 PM



EAP: Mindfulness Matters
April 23 | 11-11:30 AM



Broadview FCU | Home Buying
April 28 | 5-6 PM



Broadview FCU | Kids and
Money
April 14 | 5-6 PM



Corebridge Infaltion
Implications
April 16 | 12-1 PM



Gia MVP members can download the MVP Gia app for all your virtual healthcare needs! Use while traveling, for students or for virtual behavioral health appointments! View claims, secure message and more!

Passport: www.p4g.app/ellis | Email: wellness@ellismedicine.org | Website: ellishealthyme.org