



CRUSH YOUR GOALS AT CRUNCH

Ellis Medicine Employees!
Free 3 Day Pass

Call or come in to enroll and get your special corporate rate! Crunch offers hundreds of classes, miles of cardio, state-of-the-art equipment, personal training & more! Crunch is the home of #NOJUDGMENTS

SPECIAL OFFERS:

\$0 Enrollment fee (reg \$75)
\$24.99 Peak Results monthly dues
\$49.99 Annual fee after 60 days

Nationwide Access
Month to Month Membership
Family add-ons offered same rate!

FOR MORE INFO, CONTACT:

manager@crunchschenectady.com and scan this flyer for your free 3-day pass! Must show proof of employment to enroll.



Fiercely Fun Fitness at all Crunch Franchise locations.

Must be 18 years or older and show local photo ID. Some restrictions apply.. Membership only applicable at Crunch Franchise locations does not include select or signature locations. . ©2026 Crunch IP Holdings, LLC